

# BRYSON

## INDEPENDENT SCHOOL DISTRICT

300 N. McCloud - Bryson, TX 76427  
940.392.3281 - Fax 940.392.2086  
www.brysonisd.net



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### School Health Advisory & District Wellness Plan Committee 1<sup>st</sup> Quarterly Meeting

#### Location: Bryson ISD Library

A regular meeting of the Bryson Independent School District School Health Advisory Committee will be held on August 9, 2023 at 2:00pm in the library at Bryson ISD. The library location is at 300 N. McCloud, Bryson, TX 76427. The entrance to the library is through the front doors of the main building.

1. Public Comment
2. Review purpose of SHAC & District Wellness Policy
  - a. <https://www.dshs.texas.gov/schoolhealth/sdhac.shtm>
    - i. A **School Health Advisory Council (SHAC)** is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of members must be parents who are not employed by the district. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.
    - ii. SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.
3. Review BISD Wellness Policy
  - a. FFA(LOCAL)
4. Review Goals for 22-23 and establish 23-24 Goals
  - Community workout 7-8am Mon.-Thurs.
  - Employee Wellness Plan
  - Elem. Track Meet
  - Bunny Run
  - PTO Character Matters
5. Adjournment

This notice was posted on August 6, 2023 at 2:30pm.