

# BRYSON

## INDEPENDENT SCHOOL DISTRICT

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www.brysonisd.net



### School Health Advisory & District Wellness Plan Committee 1<sup>st</sup> Quarterly Meeting Location: Bryson ISD Library

#### Agenda:

1. Review purpose of SHAC & District Wellness Policy
  - a. <https://www.dshs.texas.gov/schoolhealth/sdhac.shtm>
    - i. A **School Health Advisory Council (SHAC)** is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of members must be parents who are not employed by the district. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.
    - ii. SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.
2. Review BISD Wellness Policy
  - a. FFA(LOCAL)
3. Review Goals for 19-20 and establish 20-21 Goals
  - Community workout 7-8am Mon.-Thurs. (Summer)
  - Employee Wellness Plan
  - Elem. Track Meet
  - ~~Bunny Run~~
  - PTO Character Matters

9/9/20

#### SHAC committee members present:

Name (Print)	Role	Signature
Aveg London	Supr	<i>[Signature]</i>
Lori Thorne	teacher	<i>[Signature]</i>
Kelly Behling	parent	<i>[Signature]</i>
Debbie Hearne	Student Services	<i>[Signature]</i>
Gary Kirby	Principal	<i>[Signature]</i>

#### Minutes:

- Committee reviewed purpose of SHAC & BISD Wellness Policy.
- Committee reviewed District goals of the wellness plan
- Establish Goals for 20-21

Tina Register Parent *Tina Register*

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