OCTOBER K-12

This institution is an equal opportunity provider

1-Oct 2-Oct 3-Oct

Mini Cinnamon Waffles	Crunchmania French Toast	
Fresh Orange	Fresh Grapes	
Pineapple Tidbits	Strawberry Applesauce	
100% Grape Juice	100% Apple Juice	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	
Pepperoni Pizza	Chicken Fried Steak w/Dinner Roll & Gravy	
Chicken Fajita Salad	Chef Salad	
Corndog	Corndog	
Steakfingers	Chicken Nuggets	
Popcorn Chicken	Popcorn Chicken	
Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	
Seasoned Curly Fries	Mashed Potatoes w/Gravy	
Green Beans	Green Beans	
Sweet Buttered Corn	Sweet Buttered Corn	
Baby Carrot Sticks w/Ranch Dressing	Texas Style BBQ Beans	
Fresh Orange	Fresh Watermelon	
Apple Slices	Chilled Peaches	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	

6-Oct	7- 0 ct	8-Oct	9-Oct	10-Oct
Sausage Link Kolache	Cherry Strudel	Breakfast Pancake Wrap (IW)	Sausage, Egg, and Cheese Breakfast Wrap	
Fresh Grapes	Sweet Strawberries	Fresh Orange	Fresh Cantaloupe	
Fruit Cocktail	Pineapple Tidbits	Sour Green Applesauce	Pineapple Tidbits	
100% Apple Juice	100% Orange Juice	100% Grape Juice	100% Apple Juice	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	1% White Milk	1% White Milk	
Cheese Pizza Sticks w/Marinara Sauce	Frito Pie	General Tso's Chicken w/ Rice	Pepperoni Calzone	
Chicken Fajita Salad	Chef Salad	Chicken Fajita Salad	Chef Salad	
Corndog	Corndog	Corndog	Corndog	
Chicken Nuggets	Steakfingers	Chicken Nuggets	Steakfingers	
Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	
Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	
Mashed Potatoes w/Gravy	Seasoned Curly Fries	Mashed Potatoes w/Gravy	Seasoned Tater Tots	
Green Beans	Green Beans	Green Beans	Green Beans	
Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	
Fresh Grapes	Southern Style Charro Beans	Baby Carrot Sticks w/Ranch Dressing	Fresh Cantaloupe	
Fruit Cocktail	Sweet Strawberries	Texas Style BBQ Beans	Pineapple Tidbits	
Fat Free Chocolate Milk	Pineapple Tidbits	Fresh Oranges	Fat Free Chocolate Milk	
1% White Milk	Fat Free Chocolate Milk	Sour Green Applesauce	1% White Milk	
	1% White Milk	Fat Free Chocolate Milk		
		1% White Milk		

13-Oct 14-Oct 15-Oct 16-Oct 17-Oct

Blueberry Muffin (IW) w/Sausage Patty	Lucky Charms Cereal w/Honey Graham Crackers	Breakfast Bar w/Ham, Egg, Cheddar Cheese, and Biscuit	Crunchmania French Toast	
Fresh Apple	Fresh Watermelon	Fresh Orange	Fresh Grapes	
Majestic Pears	Fruit Cocktail	Pineapple Tidbits	Strawberry Applesauce	
100% Apple Juice	100% Orange Juice	100% Grape Juice	100% Apple Juice	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	1% White Milk	1% White Milk	
Pepperoni Pizza Pocket	Chicken Fried Steak w/Dinner Roll & Gravy	Pepperoni Pizza	Cheeseburger	
Chicken Fajita Salad	Chef Salad	Chicken Fajita Salad	Chef Salad	
Corndog	Corndog	Corndog	Corndog	
Steakfingers	Chicken Nuggets	Steakfingers	Chicken Nuggets	
Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	
Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	
Seasoned Curly Fries	Mashed Potatoes w/Gravy	Seasoned Tater Tots	Mashed Potatoes w/Gravy	
Green Beans	Green Beans	Green Beans	Green Beans	
Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	
Fresh Apple	Southern Style Charro Beans	Baby Carrot Sticks w/Ranch Dressing	Lettuce & Tomato Topping w/Pickle Slices	
Majestic Pears	Fresh Watermelon	Texas Style BBQ Beans	Fresh Grapes	
Fat Free Chocolate Milk	Fruit Cocktail	Fresh Orange	Strawberry Applesauce	
1% White Milk	Fat Free Chocolate Milk	Pineapple Tidbits	Fat Free Chocolate Milk	
	1% White Milk	Fat Free Chocolate Milk	1% White Milk	

	1% White Milk	

20-0 ct	21-0 ct	22-0 ct	23-Oct	24- 0 ct
Sausage Link Kolache	Strawberry & Cream Cheese Bagel	Breakfast Pancake Wrap (IW)	Trix Cereal w/Sausage Patty	
Fresh Grapes	Sweet Strawberries	Fresh Orange	Fresh Banana	
Fruit Cocktail	Pineapple Tidbits	Sour Green Applesauce	Fruit Cocktail	
100% Apple Juice	100% Orange Juice	100% Grape Juice	100% Orange Juice	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	1% White Milk	1% White Milk	
Beef, Bean, and Cheese Burrito	Pepperoni Calzone	Chicken Sandwich	Fish Sticks	
Chicken Fajita Salad	Chef Salad	Chicken Fajita Salad	Chef Salad	
Corndog	Corndog	Corndog	Corndog	
Chicken Nuggets	Steakfingers	Chicken Nuggets	Steakfingers	
Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	
Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	
Mashed Potatoes w/Gravy	Seasoned Tater Tots	Mashed Potatoes w/Gravy	Seasoned Curly Fries	
Green Beans	Green Beans	Green Beans	Green Beans	
Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	
Fresh Apple	Southern Style Charro Beans	Baby Carrot Sticks w/Ranch Dressing	Sweet Strawberries	
Fruit Cocktail	Fresh Banana	Fresh Grapes	Chilled Peaches	
Fat Free Chocolate Milk	Sour Green Applesauce	Apple Slices	Fat Free Chocolate Milk	
1% White Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	1% White Milk	
	1% White Milk	1% White Milk		

27-Oct	28-Oct	29-0 ct	30-Oct	31-Oct
Apple Jacks Cereal w/Sausage Patty	Danimals Yogurt w/Honey Graham Crackers	Breakfast Bar w/Ham, Egg, Cheddar Cheese, and Biscuit	Crunchmania French Toast	
Fresh Apple	Fresh Watermelon	Fresh Orange	Fresh Grapes	
Majestic Pears	Fruit Cocktail	Pineapple Tidbits	Strawberry Applesauce	HAPPY HALLOWEEN!
100% Apple Juice	100% Orange Juice	100% Grape Juice	100% Apple Juice	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
1% White Milk	1% White Milk	1% White Milk	1% White Milk	
	Japanese Cherry			
Baked Chicken w/Dinner Roll	Blossom Chicken w/ Rice	Pepperoni Pizza	Chicken Fried Steak w/Dinner Roll & Gravy	
Chicken Fajita Salad	Chef Salad	Chicken Fajita Salad	Chef Salad	
Corndog	Corndog	Corndog	Corndog	
Steakfingers	Chicken Nuggets	Steakfingers	Chicken Nuggets	
Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	
Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	Peanut Butter & Grape Jelly Sandwich	Grilled Cheese Sandwich	
Seasoned Tater Tots	Mashed Potatoes w/Gravy	Seasoned Curly Fries	Mashed Potatoes w/Gravy	
Green Beans	Green Beans	Green Beans	Green Beans	
Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	Sweet Buttered Corn	
Lettuce & Tomato Topping	Lettuce & Tomato Topping w/Pickle Slices	Lettuce & Tomato Topping	Lettuce & Tomato Topping w/Pickle Slices	
Fresh Grapes	Fresh Apple	Baby Carrot Sticks w/Ranch Dressing	Texas Style BBQ Beans	
Fruit Cocktail	Majestic Pears	Fresh Orange	Fresh Watermelon	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Apple Slices	Chilled Peaches	
1% White Milk	1% White Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	
		1% White Milk	1% White Milk	