Dear Parent or Guardian,

The 2015-2016 athletic season will be here before we know it. Due to school and U.I.L. rules, the student athlete CANNOT participate in any athletic workout, scrimmage, or game until all required forms are completed and returned to the athletic department. **Therefore, all paperwork must be returned before “Two-A-Days” begin for HS and school begins for JH.** Your prompt attention to getting all forms completed and returned will be greatly appreciated.

PHYSICAL FORM: The student athlete entering the 7th, 9th, or 11th grade MUST receive a new physical for that year. The 8th, 10th, and 12th grade athlete may not need a physical for the school year if they already have an accepted physical on file with the athletic department. The athlete may receive a new physical if desired. Please read the information on the physical examination form and fill it in correctly. Please make sure that ALL forms are completed and signed by the parent/guardian and the athlete before they are returned to the athletic department.

ACKNOWLEDGEMENT OF RULES/PARENT OR GUARDIAN PERMIT: This form must be signed in case the student athlete is injured during a workout or game. This form and the physical go into the athlete’s file. If the athlete has to go to the hospital because of an injury, a copy of this permit goes with the athlete to help secure medical attention for the athlete.

ATHLETIC INSURANCE: The school purchases insurance for all students. This insurance is supplemental and only pays what they deem to be reasonable and proper and only after the individual’s personal insurance has been exhausted. Often, the school insurance will NOT pay for all medical bills related to an athletic injury.

RANDOM DRUG TESTING AUTHORIZATION FORM: Bryson ISD has implemented Random Drug Testing for all extra-curricular participants. A parent or guardian and the student athlete must sign this form.

CONCUSSION ACKNOWLEDMENT FORM

RETURN TO PLAY CONCUSSION PROTOCOL FORM is only needed if your child is diagnosed with a concussion. This is needed for your child to return to play.

SUDDEN CARDIAC ARREST AWARENESS FORM

COMMUNITY SERIVE FORM for athletic passes. All Bryson ISD athletes are required to do 3 hours of community service of some kid to receive their athletic pass to get into games they are not participating in for free.

**These forms are available on the school website and the front office of the school.**

In addition to these forms, athletes and parents need to be aware of our policy regarding the care and treatment of an athletic injury. First, we have an athletic trainer that comes from Graham weekly and I am in constant contact with her. She will also come as needed. Should an injury occur please follow these steps:

1. Have your child report the injury to the coach, ANY injury sustained during practice or games. If it is an emergency, the coach will get the athlete emergency treatment and notify the parent and trainer.
2. Your child will be requested to meet with the trainer at a specific time. At that time, the trainer will decide the proper course of treatment and start the necessary care. Should your child need medical attention, you will be notified and arrangements can be made.
3. Please feel free to take your child to your family physician or any other physician. If necessary, you can go to the Emergency Room for treatment and care, but please remember that most athletic injuries do not require a visit to the ER or doctor. Please let the trainer evaluate the injury and perhaps save the athlete an unnecessary trip to the physician or the ER and save you money.
4. If medical attention is necessary you will be contacted.
5. If your child comes home with an injury sustained at practice or a game, and the coach has no knowledge of the injury, and should medical treatment be necessary, the coach must be informed of any physician or ER visit. This is for insurance, safety and communication purposes. Should your child need Emergency Treatment while under our care, you will be notified and proper protocol will be followed to insure your child’s health.

**Important information and dates:**

* **July 23-25: Volleyball Team Camp in Bryson for 9th-12th graders– 8:00-12-00am**
* **July 27-28: Strength/Speed testing for 6-12th graders – 8:00-10:00am. This is to get a baseline for Fall Strength and Conditioning and to see what improvements we have made.**
* **July 27-28: 10:00-12:00am – Football Equipment issue for 6-12th grade athletes. 6th graders can participate in practices and get a head start on learning. They will not be put in a situation where they would there is a chance for them to go against the older kids if at all possible.**
* **August 3: FOOTBALL – 7:00am – 11:00ish. Practice ends at 10:00, but we will meet and have strength and conditioning after practice, VOLLEYBALL 7:30am. – 10:30 and again from 4:00 – 6:00. (most other days will be 7:30am – 3:00).**
* **August 6: High School Booster Bash (Fall Sports Athletes/Cheerleaders. Possibly take team/individual/family pictures) 6:00, Football Lock-In for HS football players – 2:00, Football Mom’s Night out – 8:00 or after Booster Bash. Mom’s night out is for football mom’s that may not know much about the sport and I explain as much as I can and allow mom’s to ask questions that they “may not feel comfortable” in front of their Husbands.**
* **August 7: 12:00am – 3:00am: Midnight Madness Football Practice. First Practice in Pads under the lights!!!**